Power and energy from the nature is the driving force in my paintings. Water in all forms is fascinating and inspiring like in waterfalls, glaciers, icecaves, icebergs, lakes and seas. Volcanic eruptions have also kept my attention. My palette then changes from watery blue to volcanic hot colours. Tulips with human characteristics have been my favourite theme for some time. They have feelings and they are talking, swimming, fighting and loving. The colours flow and interact in the paintings out of the forms and sometimes seem like an aura around them. When I paint I try to express the atmosphere and the feeling I´m sensing for the subject.

I paint with watercolours and oilcolours on canvas and aluminium. The watercolour painting is especially inspiring since the medium is so spontaneous. I let the colours flow and blend together trying to avoid sharp edges. Spraying with water over the colours adds the natural flow of water like in waves.

My paintings are both abstract and figurative. I often paint abstract forms although underneath is the idea of something figurative. Flow is the key in my paintings.